



Describing food

Lesson code: J18L-1BGB-EFR9-8

PRE-INTERMEDIATE

1 Types of food

Study the following food items and put them into the correct categories below:

apple	beef	butter	cabbage	carrot	cheese
chicken	crab	cucumber	garlic	ham	lamb
lettuce	milk	olive	onion	orange	peach
pork	prawns/shrimp	salmon	tomato	tuna	yogurt

Meat: _____

Fruits and vegetables: _____

Fish and seafood: _____

Dairy products: _____

Work in pairs. Student A, select a word. Student B, tell your partner how often you eat/drink the item. Reverse roles and repeat the exercise.

Use adverbs of frequency (*never, hardly ever, rarely, sometimes, often*) or time expressions (*once/twice/three times a week/month/year; every day/week*).

For example: "I hardly ever eat pork." / "I drink milk every day."

2 Adjectives for describing food

Describe the food below with the following adjectives. Use more than one adjective to describe each picture.

fattening
salty

healthy
spicy

heavy
sweet

light
tasty



1. _____



2. _____



3. _____



4. _____

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3 Dialogue

Complete the dialogue with the questions below:

How often do you eat it?

What's it like?

What does it come with?

Is it easy to make?

What's it made of?

A: A typical dish in my country is "Chicken madras".

B: _____ 1

A: It's made of chicken and curry sauce.

B: _____ 2

A: It's served with rice.

A: _____ 3 .

B: It's very spicy. But it's delicious.

A: _____ 4 .

B: No, it's quite difficult.

A: _____ 5

B: I eat it once a week.

Now choose a dish from your country and have a similar dialogue with your partner.

4 Grammar review - Countable vs. Uncountable

Which words from Exercise 1 can be countable? Complete the table below.

Countable (singular - plural)	Only uncountable
apple - apples	beef

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Cross out the wrong answers to complete the sentences below.

1. I don't drink much/many milk.
2. I had some/any apples for breakfast this morning.
3. I'm a vegetarian. I don't eat -/a beef.
4. How many/How much oranges do you eat every day?
5. I usually have a little/a few olives in my salad.
6. Paul doesn't eat many/much oranges.
7. People say that a little/a few yogurt every day is good for you.
8. I've got a/some cheese in my fridge.
9. Pete puts a lot of/much onions in his salad.
10. I eat a lot of/much beef every day.
11. Do you eat many/much beef every day?
12. Did you eat much/many carrots yesterday?
13. Katerina only had an/some apple for lunch.
14. How many/How much butter do you eat every day?

Now look at the sentences and complete the rules with *uncountable* or *plural*.

In positive sentences (+), we use **some** with **plural** and **uncountable** nouns.

In negative sentences (-) and questions (?), we use **any** with **plural** and **uncountable** nouns.

We use **a lot of** with **uncountable** and **plural** nouns.

We use **a little** with _____ nouns.

We use **a few** with _____ nouns.

In questions (?), we use **How many** with _____ nouns.

In questions (?), we use **How much** with _____ nouns.

In negative sentences (-) and questions (?), we use **much** with _____ nouns.